



The Catholic Parish of Pittwater

Sacred Heart & Maria Regina. Neighbourhoods of Grace, entrusted to the care of the Salvatorians.

Mother's Day Prayer

Loving God,
You wrap Your arms around
Your people and show Your
everlasting love in the same way
a mother love her children.
We are grateful for the love
You have taught us through
the mothers in our lives;
our own mother who brought
us to this world, the mother of
friends who have helped us into
their homes and families,
our grandmothers who took
time for us and the mothers who
have helped us even though
we were not their children.
Bless all the mothers of this
world today.
May they know the fullness
of love they have shared
and be blessed every day
of their lives.
Amen.



Thoughts of Blessed Francis Jordan

Do not lose heart, even if you are humiliated greatly.
Have confidence in the Lord and strive for holiness.

A warm welcome to all our parishioners
and visitors who are celebrating the
Eucharist with us at Pittwater Parish -
Sacred Heart Church and
Maria Regina Church

SAFEGUARDING

We, the people of the Catholic Diocese of Broken Bay and the Catholic Parish of Pittwater are committed to fostering communities of safety and care for all people, especially for children and others in the community who are vulnerable. Our commitment is underscored by our faith in Jesus Christ.



POPE FRANCIS' PRAYER INTENTION FOR MAY

*For The Formation of Men and Women
Religious and Seminarians*

Let us pray that they grow in their own vocational journey through human, pastoral, spiritual and community formation, that leads them to be credible witnesses of the Gospel.

MASS TIMES

SACRED HEART CHURCH

1 Keenan Street, Mona Vale

WEEKDAY MASSES

Tuesday 9.30am
Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 8:30 am, followed by Mass
Wednesday 9.30am
Thursday 7pm
Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 7.30pm to 9pm
Friday 9.30am
First Friday of the Month, Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 9.30am, followed by Mass with Anointing of the Sick at 10.30am

WEEKEND MASSES

Saturday Vigil 5.00pm
Sunday 8.00am • 10.00am • 6.00pm (SOUL)

RECONCILIATION
4.00pm to 4.30pm Saturday

Baptism
4th Sunday - 11.30am

MARIA REGINA CHURCH

7 Central Road, Avalon

WEEKDAY MASSES

Monday 8am
Wednesday 8am
Thursday 10am
9am Exposition of the Blessed Sacrament, Adoration and Benediction at 9.45am
Friday 8am

Mass with Anointing of the Sick - First Friday of the Month at 8am

WEEKEND MASSES

Saturday Vigil 6.00pm
Sunday 9.00am

RECONCILIATION
Before Vigil Mass on Saturday
BAPTISM
3rd Sunday - 11.00am

We Pray for

Deceased Anniversary
Martin Marov
Claire Romeijn

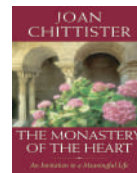
Recently Deceased
Sean O'Sullivan
Lucas Andreas Van Agten
Nicholas Edmond
Lteif

Prayer for the Sick

Anna Śmigowska
Nick Moullakis
Bill Eyre
Brian Gregan
Marcia Bailey
Bec Burroughs
Margaret De Landre
Matt Ukishima
Maureen Larios
Denise Wagner
Marco Sangiacamo
Elaine Boyes
Pauline Chipman
Brian Cranch
Sheila Upjohn
Anna
Svetlana
Leonor
Sofia
Xi
Mother Pauline
George

BOOK REVIEW

The Monastery
of the Heart
by: Joan Chittister



This book is an invitation to a meaningful life. The author explains the Benedictine Rule and how it can apply to our everyday lives - basic tenets of prayer, meaningful work and service to uplift us all.

FOR WITH GOD
NOTHING SHALL
BE IMPOSSIBLE.
LUKE 1:37

Liturgy for the Week

13/05 Monday, 7th Sunday of Easter
Acts 19:1-8; Jn 16:29-33
14/05 Tuesday, St Matthias
Acts 1:15-17, 20-26; Jn 15:9-17
15/05 Wednesday, 7th Sunday of Easter
Acts 20:28-38; Jn 17:11-19
16/05 Thursday, 6th Sunday of Easter
Acts 22:30, 23:6-11; Jn 17:20-26
17/05 Friday, 7th Sunday of Easter
Acts 25:13-21; Jn 21:15-19
18/05 Saturday, 7th Sunday of Easter
Acts 28:16-20, 30-31; Jn 21:15-19

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Parish of
Pittwater

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Use this App to support our
Clergy through the first
collection and our Parish
through the second collection.
Donations can be made weekly,
fortnightly, monthly or one-off.

Thank you for your continued
contributions and support. Your
financial contributions and your
generous donations throughout
the year are greatly appreciated.



OPEN DAY

Thursday 16 May 2024 | 9am-12pm

Register now

BRIGIDINE.NSW.EDU.AU



SING FOR SOIBADA

We have some amazingly talented performers on the Northern Beaches and they are coming together to raise funds for education projects in our sister village, Soibada in Timor Leste. Friends of Soibada and the Northern Beaches community are making a big impact on the lives of the children in Soibada but need your support to pay teachers wages and fund the Preschool and brand new Primary School. Join us for live entertainment in a relaxed atmosphere and grab a sausage or two knowing you are making a difference. Sausages and soft drinks will be available for purchase. This is also a great opportunity for our musicians to perform in front of an audience. If you want to see more about our many projects, follow us on social media!
<https://www.facebook.com/friendsofsoibada>

DATE Friday 17 May 2024 6:00 PM - 10:00 PM

LOCATION The Hall, Maria Regina Church

TICKETS \$20 through Trybooking

<https://www.trybooking.com/CRLYW>



Parish Directory

Pittwater Parish

**1 Keenan Street Mona Vale
NSW 2103
Tel 9157 0999**

Parish Priest

Fr Richard Sadowski SDS
Tel 9157 0999 ext 10
pp@pittwaterparish.org

Assistant Priest

Fr Zygmunt Smigowski SDS
Tel 9157 0999 ext 12
ap@pittwaterparish.org

Parish Secretary

Belinda Cimino
Tel 9157 0999 ext 30
office@pittwaterparish.org

Administrative Assistant

Shereae Knight
Tel 9157 0999 ext 30
office@pittwaterparish.org

Director of Music

Josh Willard
Tel 9157 0999 ext 17
music@pittwaterparish.org

Media & Communications Coordinator

Conille Felias
Tel 9157 0999 ext 31
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Sacramental Coordinator

Sonia Samartin
Tel 9157 0999 ext 13
sacraments@pittwaterparish.org

CCD Catechist Coordinators

Maureen Wooldridge
Mobile 0421 907 469
Veronica Thomas
Mobile 0417 061 534

Sacred Heart Church
1 Keenan Street Mona Vale
Maria Regina Church
7 Central Road Avalon

MONA VALE

Sacred Heart School
Tel 8197 6900
Principal: Mr Jamie Wahab

AVALON

Maria Regina School
Tel 7256 2138
Principal: Ms Kirsty Thorpe

WARRIEWOOD

**Mater Maria Catholic
College**
Tel 7256 2100
Principal: Mr Marc Reicher



MARIA REGINA

KINDERGARTEN

2025

LIMITED SPACES

Have a child starting
kindergarten in 2025?



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Parish Bulletin – Term 2, Week 2

Our Mother's Day Liturgy, Blessing, and Breakfast took place in the Marana Complex on Thursday, bringing together Mater Maria mums, carers and their children for a memorable event. Mother's Day holds a special place in the heart of our College community, and this year was no exception, with a record number of mothers in attendance for the blessing ceremony. During the event, parent Mrs Karen Ingram shared reflections on the profound significance of motherhood. Using the Book of Blessings, students had the honour of blessing their mothers and matriarchs present, symbolically expressing their gratitude with beautiful roses. It was a touching moment for our students to demonstrate their appreciation for the love and care their mothers provide, and a time for collective prayer, acknowledging the invaluable role mothers play in our families. We are truly grateful for our mums and their unwavering support!

This term, over twenty students from Years 9 and 10 are actively engaged in the Alpha for Youth Catholic Faith Formation Program. Designed to foster spiritual growth and deepen understanding of the Catholic faith, this comprehensive curriculum empowers students to emerge as compassionate leaders within their communities.

This week marked the highly anticipated bi-yearly musical production, 'The Wedding Singer,' hosted in the Marana Complex. Our VET Entertainment students showcased their talents by creating a stunning set, while our Drama students captivated audiences with their performances during both matinee and evening shows. The Thursday performance was complemented by a delicious Dinner Show prepared by our Year 11 Hospitality students, adding an extra layer of enjoyment to the evening.

It's been a busy week for sporting activities at Mater Maria. From daily basketball sessions to participation in various competitions, our students have been demonstrating their skills and sportsmanship on the field and in the water. Notable events included the Broken Bay Open Soccer Gala Day, Lifeline Surfing Competition at Queenscliff Beach, and the NSW Basketball U15 Boys and Girls Gala Days, where our athletes showcased their talents against other schools in the region.

For prospective students, applications for Year 7 are now open for 2027 and 2028. A waitlist is in place for students transitioning from Year 6 to Year 7 in 2025, and Year 6 to Year 7 in 2026, as well as for all other year groups in 2024. To learn more about enrolment or to submit an application, please visit our College website at www.matermaria.nsw.edu.au/enrolments.

“
Now faith is the assurance of things hoped for, the conviction of things not seen.
HEBREWS 11:1

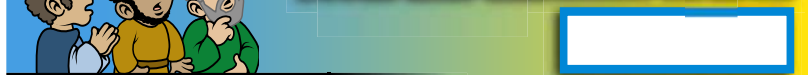
Changes to Mass Schedule for this Week

NO MASSES on Wednesday, 15 May and Friday, 17 May at Maria Regina Church, Avalon but there will *Liturgy of the Word with Holy Communion.*

NO MASS on Thursday Evening, 16 May at Sacred Heart Church, Mona Vale but there will be *Liturgy of the Word with Holy Communion.*

Adoration of the Blessed Sacrament is at the usual time.

Jesus was taken into heaven



The Ascension of the Lord, Year B

Draw Jesus saying goodbye to his friends and promising to be with them always.



What are some special things we can do for others because of our belief in Jesus?

Four large empty rectangular boxes for writing answers to the question above.



ASCENSION

How many words can you make from the letters in the word ASCENSION?

Two columns of horizontal lines for writing words made from the letters in 'ASCENSION'.

We need your **DONATIONS** to help renew and rebuild families and parish communities in Broken Bay by the **30th of June 2024.**

All donations over \$2 are tax deductible.

PASTORAL
WORKS Broken Bay



“Connecting to the Mission of Jesus Christ!”

MAY APPEAL

“Your generosity with our Pastoral Works appeal helps us go further and wider in helping our community of Broken Bay, and more deeply connect us to our vision and the Mission of Jesus Christ. I am deeply grateful for your support.”

MOST REV ANTHONY RANDAZZO DD JCL BISHOP OF BROKEN BAY

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MAY 2024 APPEAL**

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50
ANNIVERSARY
YEAR

**Maria Regina
Church's
Golden Jubilee**

We would like to ask for your **HELP** and **SUPPORT** for the upcoming **Maria Regina Church's Golden Anniversary** on the **25th of August.**

**Sign up and join our
Organising Committee.**

**Please ring the Parish Office on
91570999**

**The Committee will meet on
the 19th of May after
the 9am Mass at
Maria Regina Church, Avalon.**

OLD PHOTOS

**Please send any old photos of
Maria Regina Church through
the years.**

**We would appreciate it if you
could send it to
media@pittwaterparish.org
or**

**office@pittwaterparish.org
You could also drop by at
the Parish Office so we
can SCAN it for you.**

**“Love is patient, love is kind.
It does not envy, it does not
boast, it is not proud. It does
not dishonor others, it is
not self-seeking, it is not
easily angered, it keeps no
record of wrongs.”**

1 Corinthians 13:4



Ordination Anniversary Celebration

Please Join Us As We Celebrate

Fr Richard Sadowzki and *Fr Zygmunt Smigowski*
on his 25th Ordination Anniversary

on his 21st Ordination Anniversary

**Friday, 31 May 2024
at 6 pm**

**Royal Motor Yacht Club
46 Prince Alfred Parade
Newport**

**Book for the Ordination Anniversary
Celebration at
<https://www.trybooking.com/CRMHS>**

Courtesy Bus will be available from Sacred Heart Church,
Mona Vale
to Royal Motor Yacht Club.

Please contact the Parish Office on 9517 0999 for more information.

**\$55 per person
Cocktail Food**

**& Desserts included
drinks available for purchase
at the bar**



The *Living* Word

Entrance Antiphon

Acts of the Apostles 1:11

Men of Galilee, why gaze in wonder at the heavens? This Jesus whom you saw ascending into heaven will return as you saw him go, alleluia.

First Reading

Acts of the Apostles 1:1-11

A reading from the Acts of the Apostles

Why are you standing here looking into the sky? Jesus has been taken into heaven.

In my earlier work, Theophilus, I dealt with everything Jesus had done and taught from the beginning until the day he gave his instructions to the apostles he had chosen through the Holy Spirit, and was taken up to heaven. He had shown himself alive to them after his Passion by many demonstrations: for forty days he had continued to appear to them and tell them about the kingdom of God. When he had been at table with them, he had told them not to leave Jerusalem, but to wait there for what the Father had promised. 'It is,' he had said, 'what you have heard me speak about: John baptised with water but you, not many days from now, will be baptised with the Holy Spirit.'

Now having met together, they asked him, 'Lord, has the time come? Are you going to restore the kingdom to Israel?' He replied, 'It is not for you to know times or dates that the Father has decided by his own authority, but you will receive power when the Holy Spirit comes on you, and then you will be my witnesses not only in Jerusalem but throughout Judaea and Samaria, and indeed to the ends of the earth.'

As he said this he was lifted up while they looked on, and a cloud took him from their sight. They were still staring into the sky when suddenly two men in white were standing near them and they said, 'Why are you men from Galilee standing here looking into the sky? Jesus who has been taken up from you into heaven, this same Jesus will come back in the same way as you have seen him go there.'

The word of the Lord

Responsorial Psalm Ps 46:2-3. 6-9. R. v.6

(R.) God mounts his throne to shouts of joy; a blare of trumpets for the Lord.

All peoples, clap your hands,
cry to God with shouts of joy!
For the Lord, the Most High, we must
fear, great king over all the earth. **(R.)**

God goes up with shouts of joy;
the Lord goes up with trumpet blast.
Sing praise for God, sing praise,
sing praise to our king, sing praise. **(R.)**

God is king of all the earth.
Sing praise with all your skill.

God is king over the nations;
God reigns on his holy throne. **(R.)**

Second Reading Ephesians 1:17-23
A reading from the letter of St Paul to the Ephesians

He made Jesus to sit at his right hand in heaven.

May the God of our Lord Jesus Christ, the Father of glory, give you a spirit of wisdom and perception of what is revealed, to bring you to full knowledge of him. May he enlighten the eyes of your mind so that you can see what hope his call holds for you, what rich glories he has promised the saints will inherit and how infinitely great is the power that he has exercised for us believers. This you can tell from the strength of his power at work in Christ, when he used it to raise him from the dead and to make him sit at his right hand, in heaven, far above every Sovereignty, Authority, Power, or Domination, or any other name that can be named, not only in this age, but also in the age to come. He has put all things under his feet, and made him, as the ruler of everything, the head of the Church; which is his body, the fullness of him who fills the whole creation.

The word of the Lord.

Gospel Acclamation Matthew 28:19. 20

Alleluia, alleluia!
Go and teach all people my gospel.
I am with you always, until the end of the world.
Alleluia!

Gospel Mark 16:15-20

A reading from the holy Gospel according to Mark

The Lord Jesus was taken into heaven and is seated at the right hand of God.

Jesus showed himself to the Eleven and said to them, 'Go out to the whole world; proclaim the Good News to all creation. He who believes and is baptised is saved; he who does not believe will be condemned. These are the signs that will be associated with believers: in my name they will cast out devils; they will have the gift of tongues; they will pick up snakes in their hands, and be unharmed should they drink deadly poison; they will lay their hands on the sick, who will recover.'

And so the Lord Jesus, after he had spoken to them, was taken up into heaven: there at the right hand of God he took his place, while they, going out, preached everywhere, the Lord working with them and confirming the word by the signs that accompanied it.

The Gospel of the Lord

Communion Antiphon

Matthew 28:20

Behold, I am with you always, even to the end of the age, alleluia.

REFLECTION

by Dianne Bergant CSA

The Feast of the Ascension is really a kind of liminal moment in the Easter season. It is a time between times; a moment when we have left one place in our journey, but have not yet arrived at a second. While the narratives that describe the Ascension fit well into the unfolding story of redemption, the feast itself celebrates one aspect of the resurrection itself, namely, the exaltation of Jesus. The readings help us through this paradox. They allow us to focus on this theological point while we commemorate a turning point in the life of the church. We do this by considering both the enthronement of Christ in the heavens and the new body of Christ on earth.

Today we stand awestruck, watching Jesus ascend into the clouds of heaven, there to be enthroned at God's right hand. Today we are overwhelmed by the divinity of the one whom we have known in his humanity. Amidst shouts of joy and exaltation, Christ is enthroned in heaven in both his divinity and his glorified humanity. Now he is present with us in a new way, in a new body, in the church. He teaches through its apostles and evangelists; he ministers through its prophets and pastors. Through us he continues to heal and to comfort; to forgive and to include. We have his power; the same power with which he performed marvels when he walked the earth. We have each other; together we make up the new body of Christ.

© Dianne Bergant CSA

**Sunday,
2nd of June**

**Everyone is invited to
join
FR RICHARD &
FR ZYGMUNT
for
MORNING TEA
after the 10am Mass
to celebrate their
Ordination
Anniversaries
at
Sacred Heart Church,
Mona Vale**

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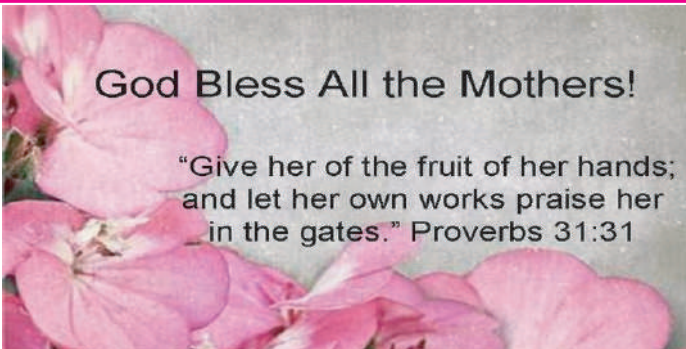

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God Bless All the Mothers!


"Give her of the fruit of her hands; and let her own works praise her in the gates." Proverbs 31:31

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